



SELF- IMPROVEMENT

10 Questions You Should
Ask Yourself

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10 Questions You Should Ask Yourself: A Preparation To Self-Improvement

Self-improvement: improvement of one's condition through one's own efforts. I often see myself as somewhat content with my life the way things are, but of course it's hard to think of anything else when there are real issues to be dealt with. Still I aspire for something deeper and more meaningful. So we're all pelted with problems. Honestly, it shouldn't even bother or even hinder us from becoming all we ought to be. Aspirations as kids should continue to live within us for as long as we can hold on to the dream. They say you can't teach old dog new tricks... or can you?

1. What do I really want?

The question of the ages. So many things you want to do with your life and so little time to even go about during the day. Finding something that you are good at can help realize that small step towards improvement. Diligence is the key to know that it is worth it.

2. Should I really change?

Today's generation has taken another level of redefining 'self', or at least that's what the kids are saying. There are far worse things that they could have had than acne or maybe even promiscuity. So how does that fit into your lifestyle? If history has taught us one thing, it's the life that we have gone through. Try to see if partying Seventies style wouldn't appeal to the younger generation, but dancing is part of partying. Watch them applaud after showing them how to really dance rather than break their bones in break-dancing.

3. What's the bright side in all of this?

With so much happening around us there seems to be no room for even considering that light at the end of the tunnel. We can still see it as something positive without undergoing so much scrutiny. And if it's a train at the end of the tunnel, take it for a ride and see what makes the world go round!

4. Am I comfortable with what I'm doing?

There's always the easy way and the right way when it comes to deciding what goes with which shoes, or purse, shirt and whatnot. It doesn't take a genius to see yourself as someone unique, or else we'll all be equally the same in everything we do. Variety brings in very interesting and exciting questions to be experimented.

5. Have I done enough for myself?

Have you, or is there something more you want to do? Discontent in every aspect can be dangerous in large doses, but in small amounts you'll be able to see and do stuff you could never imagine doing.

6. Am I happy at where I am today?

It's an unfair question so let it be an answer! You love being a good and loving mom or dad to your kids, then take it up a notch! Your kids will love you forever. The same goes with everyday life! Do you earn enough money? Hate your job? Wanna start your own business?

7. Am I appealing to other people?

So maybe I don't have an answer to that, but that doesn't mean I can't try it, though. Whether you shape-up, change the way you wear your clothes or hair, or even your attitude towards people, you should always remember it will always be for your own benefit.

8. How much could I have?

I suppose in this case there is no such thing as having things too much or too little, but it's more on how badly you really need it. Most people want lots of money, no denying that, but the question is how much are you willing to work for it?

9. What motivates me?

What motivates you? It's an answer you have to find out for yourself. There are so many things that can make everyone happy, but to choose one may be the hardest part. It's not like you can't have one serving of your favorite food in a buffet and that's it. Just try it piece by piece.

10. What Really Makes You Tick?

So? What really makes you tick? You can be just about anything you always wanted to be, but to realize that attaining something that may seem very difficult is already giving up before you even start that journey. Always remember, that self-improvement is not just about the physical or philosophical change you have to undergo, but it's something that you really want.

So there we have it. 10 simple questions to ask yourself. Do you want to improve? I do not have all the answers for you. You can only answer for yourself.

Someone once asked me :'Why are you working so damn hard? Would earning more money make you happy?'

To that I answered :'I am not working hard at all. Not as hard as I should, but I enjoy it. I enjoy the process and the rewards I get. Earning more money does make me happier. It pays for the bills, it gives me the freedom to do what I want and the opportunity to get up each day and pursue the things that really matter.'

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service to you!**



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